

When To Refer To an Allergist



Patients should be referred to a specialist if they:

- Have asthma symptoms every day and often at night that cause them to limit their activities;
- Have had a life-threatening asthma attack;
- Do not meet the goals of asthma treatment after 3 to 6 months, or their physician believes they're not responding to current treatment;
- Have symptoms that are unusual or hard to diagnose;
- Have co-existing conditions such as severe hay fever or sinusitis that complicate asthma or its diagnosis;
- Need more tests to find out more about their asthma and the causes of symptoms;
- Need more help and instruction on treatment plans, asthma triggers or medicine;
- Might be helped by allergy shots;
- Need oral corticosteroids more than twice in one year;
- Have stayed in a hospital because of asthma;
- Need help to identify asthma triggers;
- Have had a diagnosis of asthma that is in doubt; and
- Request a consultation or referral

*Source: American College of Allergy, Asthma & Immunology
for more information visit,
www.AllergyAndAsthmaRelief.org or www.acaai.org*



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